

Spinach & Cheese Dip

Ingredients:

- 1 pkg. (8 oz.) PHILADELPHIA Cream Cheese*, softened
- 1/2 cup KRAFT Mayo Real Mayonnaise*
- 1/3 cup sliced green onions
- 1 pkg. (10 oz.) frozen chopped spinach, thawed, well drained
- 1 cup KRAFT Natural Italian* Cheese Crumbles*
- 1/2 cup chopped roasted red peppers



Beat cream cheese, mayo and half of the onions in medium bowl with electric mixer on medium speed until well blended. Add spinach; mix until just blended. STIR in cheese crumbles and peppers; cover. REFRIGERATE at least 1 hour. Sprinkle with remaining onions just before serving.

*Healthy Living: Save 30 calories and 3.5 grams of fat per serving by preparing as directed with PHILADELPHIA Neufchatel Cheese, 1/3 Less Fat than Cream Cheese, Light Mayonnaise, and 2% Milk, Reduced Fat Colby & Monterey Jack Crumbles.
If a thinner consistency is desired; stir in up to 1/3 cup milk.

Makes: 3 cups

Nutrition per serving:

Calories - 90
Total Fat - 8g
Saturated Fat - 3.5g
Sodium - 125mg
Carbohydrates - 1
Dietary fiber - 0
Sugar - 0

www.kraftfoods.com